

# **GET ALL OF YOUR PLAYERS IN THE GAME.**

The Positive Parenting Program (Triple P) offers simple tools for raising happy and healthy kids. Get winning ideas to power up your parenting.

#### **ATTENTION MSAP AND HSAP PARENTS!**

## **FREE Positive Parenting Program Workshop**

Takes the guesswork out of parenting.

LOCATION: The Sullivan Center Training Room, 206 Wilkins St, Greenville, SC 29605

DATE AND TIME: Thursday February 16th, 8:30-10:00am, Power of Positive Parenting

Thursday March 30th, 8:30-10:00am, Raising Confident, Competent Children

Thursday April 20th, 8:30-10:00am, Raising Resilient Children

Breakfast will be served.

Scan to register:

#### For more information

Ms Marie McDonald Family and Community Service Coordinator 864-355-5186



Triple P is an effective, evidence-based parenting program. It offers simple, practical strategies to help parents build strong, healthy relationships, confidently manage their children's behavior and promote positive child development. Triple P has been shown to work across cultures, socio-economic groups and in many kinds of family structures.

## **Five Principles of Positive Parenting:**

- 1. Ensuring a safe and engaging environment
- 2. Creating a positive learning environment that helps children learn to solve problems
- 3. Using assertive, consistent discipline that teaches children to accept responsibility for their behavior
- 4. Having realistic expectations about children's behavior
- 5. Taking care of yourself as a parent to find balance in life

## Who Can Benefit?

- Parents or caregivers of a child ages 0-12 with a developmental delay, disability or chronic health condition (asthma, etc.).
- Parents or caregivers with a specific concern about their child's behavior.
- Parents or caregivers who prefer one-to-one consultations.
- Parents or caregivers who have children with mild to moderate behavior problems who could benefit from a parenting program.

### For more information



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