



**Greenville  
Family  
Partnership**

Please check out the list below to find some easy ideas for your school that will tie into the Red Ribbon 5K Run being held at the beginning of Red Ribbon Week. Our 2017 theme for the upstate correlates with our Red Ribbon 5K Run - **“Run 2B Drug Free!”** Greenville Family Partnership (GFP) will host the inaugural Red Ribbon 5K on Sunday, October 22nd as a way to begin the celebration in our upstate community as we run and walk *together* to support one another in showing commitment to choose a healthy, drug-free lifestyle. We will recognize the school with the most participation -- counting students, teachers and families! That winning school will receive their trophy the day of the race. The need to come together as a family, classroom, school and community has never been greater. The road to addiction begins at a very young age, so awareness and education begins now. Enjoy the following ideas that your school/teachers can use to tie into the theme, **“Run 2B Drug Free!”**

- Have students dress up as a “Red Ribbon Mascot” and give prizes for the top 3 costumes.
- Before/after the run/walk invite the families to meet at the school for a cookout or some other type of celebration.
- Once the times are posted for participants, your school can give awards to fastest times in each grade level.
- Teachers that invite their classes to participate can have the students create a banner to carry during the run/walk.
- Schools may have raffle prizes for students who register for the run/walk.
- Your school may design your own t-shirt to have students/families wear on race day.
- Have all of your students wear their red ribbons the day of the race.
- If your school has a run/walk club, log the number of steps or miles completed for the days leading up to the run (whoever has the most steps/miles wins a prize).
- All students who participate in the race could wear red socks on race day.
- Creatively help students feel that they are part of something BIG in their community.



We can help . . . Call Emily, Phil or Carol at **Greenville Family Partnership 467-4099**